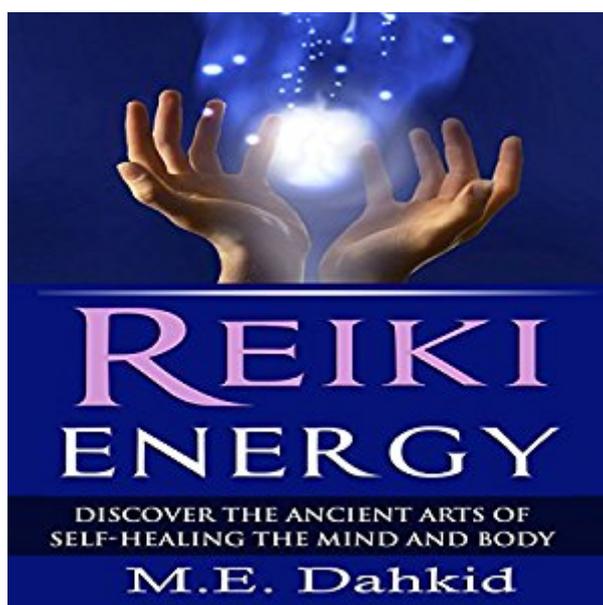


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# Reiki Energy: Discover The Ancient Arts Of Self-Healing The Mind And Body



## Synopsis

Discover the Ancient Arts of Self-Healing the Mind and Body! You're about to discover how to take significant steps towards self-growth and learn how to master the art and the science of Reiki. Reiki is a natural form of healing that allows the attuned person to heal themselves or others by channeling the universal life force energy through them and pass this energy on to self-heal or heal others. Reiki can be used to help heal oneself or others in need. It does not require any special talent or magical formula; instead the person who wishes to channel the universal life force energy only needs to be attuned by a Reiki Master or Reiki Master Teacher in order to open up the pathway to healing. It is not religious based and can be practiced by anyone who chooses to be attuned to the energy. Here Is a Preview of What You'll Learn... Understanding Reiki Energy Origin of Reiki Method Reiki - The Healing Art What happens during a Reiki Therapy? The Reiki Phenomenon Mind-Body Benefits of Reiki Energy Self-Healing of the Spirit with Reiki Becoming a Reiki Master Life with Reiki Energy ....and much, much more!

## Book Information

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## Customer Reviews

lots of great info.

A Good Intro To Reiki book! Giving a basic overview of the history and how's & what's of Reiki. I would recommend this book to others.

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